



3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

Detailed evaluation

Copacabana Läuferinnen

Number: 3

Course: 105.50 km

Schiller-Staffel

Category:

Frauen

Total time: 9:47:59

Speed: 10.71 km/h

Running performance: 5:34 min/km

Rank in course: 20 (of 37)

Best time in course: 7:18:37

Rank in category: 2(of 4)

Best time in the category: 9:41:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schauenforst	17.00	1:30:16	5:18	1	-	14	18:06	17.00	1:30:16	5:18	2			3	
Maua	22.40	2:01:35	5:25	1	-	24	33:23	39.40	3:31:51	5:22	2			3	
Magdala	13.50	1:06:17	4:54	1	-	11	13:36	52.90	4:38:08	5:15	2			3	
Belvedere	11.10	1:07:49	6:06	1	-	32	25:14	64.00	5:45:57	5:24	2			3	
Blankenhain	15.40	1:27:29	5:40	2	7:20	20	22:38	79.40	7:13:26	5:27	2			3	
Luisenturm	16.20	1:39:48	6:09	3	12:56	33	34:19	95.60	8:53:14	5:34	2	3:23		3	
Rudolstadt	9.90	54:45	5:31	3	3:36	19	18:17	105.50	9:47:59	5:34	2	6:59	21	2:29:22	