



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

#### Detailed evaluation

LG Friedrichroda mix

Number: 15

Course: 105.50 km

Schiller-Staffel

Category:

Mixed

Total time: 9:56:28

Speed: 10.56 km/h

Running performance: 5:39 min/km

Rank in course: 23 (of 37)

Best time in course: 7:18:37

Rank in category: 5(of 10)

Best time in the category: 8:21:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schauenforst	17.00	1:39:38	5:51	7	11:12	30	27:28	17.00	1:39:38	5:51	6	10:39	8	
Maua	22.40	1:59:04	5:18	6	25:48	22	30:52	39.40	3:38:42	5:33	6	36:27	8	
Magdala	13.50	1:16:44	5:41	7	14:49	30	24:03	52.90	4:55:26	5:35	6	47:46	8	
Belvedere	11.10	1:02:53	5:39	3	9:16	19	20:18	64.00	5:58:19	5:35	6	57:02	8	
Blankenhain	15.40	1:37:30	6:19	7	22:49	31	32:39	79.40	7:35:49	5:44	6	1:19:51	8	
Luisenturm	16.20	1:20:55	4:59	2	8:23	11	15:26	95.60	8:56:44	5:36	6	1:28:14	8	
Rudolstadt	9.90	59:44	6:02	7	16:49	29	23:16	105.50	9:56:28	5:39	5	1:34:41	24	2:37:51