



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

#### Detailed evaluation

LAV Halensia

Number: 12

Course: 105.50 km

Schiller-Staffel

Category:

Männer

Total time: 8:29:01

Speed: 12.38 km/h

Running performance: 4:49 min/km

Rank in course: 5 (of 37)

Best time in course: 7:18:37

Rank in category: 4(of 23)

Best time in the category: 7:18:37

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schauenforst	17.00	1:22:16	4:50	4	10:06	4	10:06	17.00	1:22:16	4:50	20		25		
Maua	22.40	1:30:28	4:02	2	2:16	2	2:16	39.40	2:52:44	4:23	20		25		
Magdala	13.50	1:03:11	4:40	6	10:30	8	10:30	52.90	3:55:55	4:27	20		25		
Belvedere	11.10	1:03:18	5:42	18	20:43	21	20:43	64.00	4:59:13	4:40	20		25		
Blankenhain	15.40	1:27:56	5:42	16	23:05	22	23:05	79.40	6:27:09	4:52	20		25		
Luisenturm	16.20	1:15:12	4:38	3	9:43	4	9:43	95.60	7:42:21	4:50	20		25		
Rudolstadt	9.90	46:40	4:42	6	10:12	8	10:12	105.50	8:29:01	4:49	5	1:10:24	6	1:10:24	