



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

Dittmar, Volker

Club: LAC Quelle Fürth

Number: 36

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 18:50:57

Speed: 8.49 km/h

Running performance: 7:02 min/km

Rank in course/Total: 8 (of 92)

Rank in course/Total: 8 (of 92)

Best time in course: 16:22:17

Rank in category: 8(of 92)

Best time in the category: 16:22:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Klein-Ziethener-V	22.20	1:58:37	5:20	2	0:16	2	0:16	22.20	1:58:37	5:20	54		54	
Osdorfer Straße	20.40	1:45:35	5:10	2	0:35	2	0:35	42.60	3:44:12	5:15	54		54	
Bahnhof Griebnit	19.70	2:00:44	6:07	6	28:57	6	28:57	62.30	5:44:56	5:32	53		53	
Kladower Straße	20.30	2:00:44	5:56	1	-	1	-	82.60	7:45:40	5:38	79		79	
Gartenlaube	10.20	3:35:28	21:07	80	2:33:03	80	2:33:03	92.80	11:21:08	7:20	81		81	
Lauftreff Schönw	12.50	1:39:51	7:59	15	22:09	15	22:09	105.30	13:00:59	7:25	82		82	
Ruderclub Oberh	12.30	1:39:51	8:07	18	1:00:43	18	1:00:43	117.60	14:40:50	7:29	82		82	
Hattwichstraße	15.40	1:39:51	6:29	2	1:00:43	2	1:00:43	133.00	16:20:41	7:22	78	16:20:41	78	16:20:41
Gedenkstätte	19.50	6:38:42	20:26	86	5:59:34	86	5:59:34	152.50	22:59:23	9:02	78	22:59:23	78	22:59:23
Stadion Lobeckst	8.40	1:12:00	8:34	15	12:47	15	12:47	160.90	18:50:57	7:01	8	2:28:40	8	2:28:40