



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

Herrmann, Ingmar

Club: Strassacker

Number: 83

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 19:36:00

Speed: 8.16 km/h

Running performance: 7:19 min/km

Rank in course/Total: 13 (of 92)

Rank in course/Total: 13 (of 92)

Best time in course: 16:22:17

Rank in category: 13(of 92)

Best time in the category: 16:22:17

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Klein-Ziethener-V	22.20	2:03:18	5:33	7	4:57	7	4:57	22.20	2:03:18	5:33	49		49	
Osdorfer Straße	20.40	1:57:59	5:47	6	12:59	6	12:59	42.60	4:01:17	5:39	49		49	
Bahnhof Griebnit	19.70	1:59:33	6:04	5	27:46	5	27:46	62.30	6:00:50	5:47	48		48	
Kladower Straße	20.30	2:06:29	6:13	5	5:45	5	5:45	82.60	8:07:19	5:53	48		48	
Gartenlaube	10.20	1:05:24	6:24	3	2:59	3	2:59	92.80	9:12:43	5:57	49		49	
Lauftreff Schönw	12.50	1:36:18	7:42	12	18:36	12	18:36	105.30	10:49:01	6:09	50		50	
Ruderclub Oberh	12.30	1:44:47	8:31	27	1:05:39	27	1:05:39	117.60	12:33:48	6:24	51		51	
Hattwichstraße	15.40	2:17:15	8:54	14	1:38:07	14	1:38:07	133.00	14:51:03	6:41	48	14:51:03	48	14:51:03
Gedenkstätte	19.50	3:12:13	9:51	29	2:33:05	29	2:33:05	152.50	18:03:16	7:06	78	18:03:16	78	18:03:16
Stadion Lobeckst	8.40	1:32:44	11:02	31	33:31	31	33:31	160.90	19:36:00	7:18	13	3:13:43	13	3:13:43