



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

Ebbert, Norbert

Club: LG DUV

Number: 35

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 20:47:09

Speed: 7.70 km/h

Running performance: 7:45 min/km

Rank in course/Total: 16 (of 92)

Rank in course/Total: 15 (of 92)

Best time in course: 16:22:17

Rank in category: 15(of 92)

Best time in the category: 16:22:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Klein-Ziethener-V	22.20	2:23:04	6:26	35	24:43	35	24:43	22.20	2:23:04	6:26	46		46	
Osdorfer Straße	20.40	2:14:14	6:34	32	29:14	32	29:14	42.60	4:37:18	6:30	46		46	
Bahnhof Griebnit	19.70	2:24:20	7:19	23	52:33	23	52:33	62.30	7:01:38	6:46	56		56	
Kladower Straße	20.30	2:33:14	7:32	19	32:30	19	32:30	82.60	9:34:52	6:57	45		45	
Gartenlaube	10.20	1:20:05	7:51	17	17:40	17	17:40	92.80	10:54:57	7:03	46		46	
Lauftreff Schönw	12.50	1:45:59	8:28	25	28:17	25	28:17	105.30	12:40:56	7:13	47		47	
Ruderclub Oberh	12.30	1:33:47	7:37	14	54:39	14	54:39	117.60	14:14:43	7:16	48		48	
Hattwichstraße	15.40	2:17:49	8:56	15	1:38:41	15	1:38:41	133.00	16:32:32	7:27	45	16:32:32	45	16:32:32
Gedenkstätte	19.50	2:54:05	8:55	19	2:14:57	19	2:14:57	152.50	19:26:37	7:38	78	19:26:37	78	19:26:37
Stadion Lobeckst	8.40	1:20:32	9:35	20	21:19	20	21:19	160.90	20:47:09	7:45	15	4:24:52	15	4:24:52