



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

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Club: Laufteam MSGESUNDundFIT.de

Number: 38

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 21:53:43

Speed: 7.31 km/h

Running performance: 8:10 min/km

Rank in course/Total: 20 (of 92)

Rank in course/Total: 20 (of 92)

Best time in course: 16:22:17

Rank in category: 20(of 92)

Best time in the category: 16:22:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total ranking				
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Klein-Ziethener-V	22.20	2:18:57	6:15	28	20:36	28	20:36	22.20	2:18:57	6:15	84		84	
Osdorfer Straße	20.40	2:05:53	6:10	17	20:53	17	20:53	42.60	4:24:50	6:13	83		83	
Bahnhof Griebnit	19.70	2:15:39	6:53	17	43:52	17	43:52	62.30	6:40:29	6:25	82		82	
Kladower Straße	20.30	2:40:53	7:55	25	40:09	25	40:09	82.60	9:21:22	6:47	42		42	
Gartenlaube	10.20	1:14:23	7:17	13	11:58	13	11:58	92.80	10:35:45	6:51	80		80	
Lauftreff Schönw	12.50	1:42:05	8:09	19	24:23	19	24:23	105.30	12:17:50	7:00	81		81	
Ruderclub Oberh	12.30	1:48:36	8:49	29	1:09:28	29	1:09:28	117.60	14:06:26	7:11	52		52	
Hattwichstraße	15.40	2:39:19	10:20	24	2:00:11	24	2:00:11	133.00	16:45:45	7:33	77	16:45:45	77	16:45:45
Gedenkstätte	19.50	3:24:27	10:29	37	2:45:19	37	2:45:19	152.50	20:10:12	7:56	78	20:10:12	78	20:10:12
Stadion Lobeckst	8.40	1:43:31	12:19	46	44:18	46	44:18	160.90	21:53:43	8:09	20	5:31:26	20	5:31:26