



# 100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

## Detailed evaluation

**Selch, Werner**

Club: 100 MC

Number: 95

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 23:30:00

Speed: 6.81 km/h

Running performance: 8:46 min/km

Rank in course/Total: 29 (of 92)

Rank in course/Total: 29 (of 92)

Best time in course: 16:22:17

Rank in category: 29(of 92)

Best time in the category: 16:22:17

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                   |             |               |                 |             |                | Pos<br>Total | Behind<br>Total | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total |
| Klein-Ziethener-V | 22.20       | 2:26:39       | 6:36            | 53          | 28:18          | 53           | 28:18           | 22.20         | 2:26:39       | 6:36            | 76          |                | 76           |                 |
| Osdorfer Straße   | 20.40       | 2:16:45       | 6:42            | 35          | 31:45          | 35           | 31:45           | 42.60         | 4:43:24       | 6:39            | 75          |                | 75           |                 |
| Bahnhof Griebnit  | 19.70       | 2:28:46       | 7:33            | 30          | 56:59          | 30           | 56:59           | 62.30         | 7:12:10       | 6:56            | 74          |                | 74           |                 |
| Kladower Straße   | 20.30       | 2:42:05       | 7:59            | 26          | 41:21          | 26           | 41:21           | 82.60         | 9:54:15       | 7:11            | 60          |                | 60           |                 |
| Gartenlaube       | 10.20       | 1:43:46       | 10:10           | 49          | 41:21          | 49           | 41:21           | 92.80         | 11:38:01      | 7:31            | 72          |                | 72           |                 |
| Lauftreff Schönw  | 12.50       | 1:59:32       | 9:33            | 50          | 41:50          | 50           | 41:50           | 105.30        | 13:37:33      | 7:45            | 73          |                | 73           |                 |
| Ruderclub Oberh   | 12.30       | 1:56:25       | 9:27            | 39          | 1:17:17        | 39           | 1:17:17         | 117.60        | 15:33:58      | 7:56            | 74          |                | 74           |                 |
| Hattwichstraße    | 15.40       | 3:22:07       | 13:07           | 53          | 2:42:59        | 53           | 2:42:59         | 133.00        | 18:56:05      | 8:32            | 78          | 18:56:05       | 78           | 18:56:05        |
| Gedenkstätte      | 19.50       | fehlt!        | -               | -           | -              | -            | -               | 152.50        | -             | -               | -           | -              | -            | -               |
| Stadion Lobeckst  | 8.40        | 4:33:55       | 32:36           | 78          | 3:34:42        | 78           | 3:34:42         | 160.90        | 23:30:00      | 8:45            | 29          | 7:07:43        | 29           | 7:07:43         |