



# 100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

## Detailed evaluation

**Giese, Kay**

Club: Post SV Buxtehude

Number: 76

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 24:35:01

Speed: 6.51 km/h

Running performance: 9:10 min/km

Rank in course/Total: 40 (of 92)

Rank in course/Total: 40 (of 92)

Best time in course: 16:22:17

Rank in category: 40(of 92)

Best time in the category: 16:22:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Klein-Ziethener-V	22.20	2:10:40	5:53	13	12:19	13	12:19	22.20	2:10:40	5:53	21		21	
Osdorfer Straße	20.40	2:01:13	5:56	11	16:13	11	16:13	42.60	4:11:53	5:54	19		19	
Bahnhof Griebnit	19.70	2:39:28	8:05	44	1:07:41	44	1:07:41	62.30	6:51:21	6:36	20		20	
Kladower Straße	20.30	2:57:37	8:44	41	56:53	41	56:53	82.60	9:48:58	7:07	20		20	
Gartenlaube	10.20	1:31:10	8:56	34	28:45	34	28:45	92.80	11:20:08	7:19	31		31	
Lauftreff Schönw	12.50	1:58:33	9:29	46	40:51	46	40:51	105.30	13:18:41	7:35	32		32	
Ruderclub Oberh	12.30	1:59:32	9:43	44	1:20:24	44	1:20:24	117.60	15:18:13	7:48	63		63	
Hattwichstraße	15.40	3:41:08	14:21	70	3:02:00	70	3:02:00	133.00	18:59:21	8:33	78	18:59:21	78	18:59:21
Gedenkstätte	19.50	3:12:08	9:51	28	2:33:00	28	2:33:00	152.50	22:11:29	8:43	78	22:11:29	78	22:11:29
Stadion Lobeckst	8.40	2:23:32	17:05	74	1:24:19	74	1:24:19	160.90	24:35:01	9:10	40	8:12:44	40	8:12:44