



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

Rolfes, Maria

Club: LT Waldschleicher Lohne / TEAM / 100MC
Number: 106

Course: 160.90 km
100MeilenBerlin

Category:

Gesamt

Total time: 25:46:31

Speed: 6.21 km/h

Running performance: 9:37 min/km

Rank in course/Total: 51 (of 92)

Rank in course/Total: 51 (of 92)

Best time in course: 16:22:17

Rank in category: 51(of 92)

Best time in the category: 16:22:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | |
|-------------------|-------------|---------------|-----------------|------|---------|--------|---------|-------------|---------------|-----------------|------|----------|--------|----------|
| | | | | Cat. | Total | Cat. | Total | | | | Cat. | Total | Cat. | Total |
| Klein-Ziethener-V | 22.20 | 2:49:24 | 7:37 | 78 | 51:03 | 78 | 51:03 | 22.20 | 2:49:24 | 7:37 | 9 | 20:52 | 9 | 20:52 |
| Osdorfer Straße | 20.40 | 2:39:52 | 7:50 | 71 | 54:52 | 71 | 54:52 | 42.60 | 5:29:16 | 7:43 | 8 | 25:25 | 8 | 25:25 |
| Bahnhof Griebnit | 19.70 | 2:47:39 | 8:30 | 53 | 1:15:52 | 53 | 1:15:52 | 62.30 | 8:16:55 | 7:58 | 8 | 29:57 | 8 | 29:57 |
| Kladower Straße | 20.30 | 3:25:13 | 10:06 | 66 | 1:24:29 | 66 | 1:24:29 | 82.60 | 11:42:08 | 8:30 | 9 | 1:31:24 | 9 | 1:31:24 |
| Gartenlaube | 10.20 | 1:41:52 | 9:59 | 47 | 39:27 | 47 | 39:27 | 92.80 | 13:24:00 | 8:39 | 1 | - | 1 | - |
| Lauftreff Schönw | 12.50 | 2:05:10 | 10:00 | 54 | 47:28 | 54 | 47:28 | 105.30 | 15:29:10 | 8:49 | 10 | 1:28:11 | 10 | 1:28:11 |
| Ruderclub Oberh | 12.30 | 2:13:02 | 10:48 | 53 | 1:33:54 | 53 | 1:33:54 | 117.60 | 17:42:12 | 9:01 | 1 | - | 1 | - |
| Hattwichstraße | 15.40 | 2:39:54 | 10:22 | 25 | 2:00:46 | 25 | 2:00:46 | 133.00 | 20:22:06 | 9:11 | 78 | 20:22:06 | 78 | 20:22:06 |
| Gedenkstätte | 19.50 | 3:35:44 | 11:03 | 43 | 2:56:36 | 43 | 2:56:36 | 152.50 | 23:57:50 | 9:25 | 78 | 23:57:50 | 78 | 23:57:50 |
| Stadion Lobeckst | 8.40 | 1:48:41 | 12:56 | 51 | 49:28 | 51 | 49:28 | 160.90 | 25:46:31 | 9:36 | 51 | 9:24:14 | 51 | 9:24:14 |