



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

Detailed evaluation

Leffler, Mirko

Club: PHOTO PERFECT Suhl

Number: 60

Course: 160.90 km

100MeilenBerlin

Category:

Gesamt

Total time: 29:21:04

Speed: 5.45 km/h

Running performance: 10:57 min/km

Rank in course/Total: 75 (of 92)

Rank in course/Total: 75 (of 92)

Best time in course: 16:22:17

Rank in category: 75(of 92)

Best time in the category: 16:22:17

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Klein-Ziethener-V	22.20	3:09:36	8:32	84	1:11:15	84	1:11:15	22.20	3:09:36	8:32	27	41:04	27	41:04
Osdorfer Straße	20.40	3:08:02	9:13	86	1:23:02	86	1:23:02	42.60	6:17:38	8:51	27	1:13:47	27	1:13:47
Bahnhof Griebnit	19.70	3:35:55	10:57	84	2:04:08	84	2:04:08	62.30	9:53:33	9:31	27	2:06:35	27	2:06:35
Kladower Straße	20.30	3:53:02	11:28	76	1:52:18	76	1:52:18	82.60	13:46:35	10:00	24	3:35:51	24	3:35:51
Gartenlaube	10.20	1:47:19	10:31	57	44:54	57	44:54	92.80	15:33:54	10:03	25	2:09:54	25	2:09:54
Lauftreff Schönw	12.50	2:11:00	10:28	62	53:18	62	53:18	105.30	17:44:54	10:06	26	3:43:55	26	3:43:55
Ruderclub Oberh	12.30	2:24:36	11:45	63	1:45:28	63	1:45:28	117.60	20:09:30	10:17	82	2:27:18	82	2:27:18
Hattwichstraße	15.40	3:32:02	13:46	62	2:52:54	62	2:52:54	133.00	23:41:32	10:41	78	23:41:32	78	23:41:32
Gedenkstätte	19.50	3:49:33	11:46	58	3:10:25	58	3:10:25	152.50	27:31:05	10:49	78	27:31:05	78	27:31:05
Stadion Lobeckst	8.40	1:49:59	13:05	56	50:46	56	50:46	160.90	29:21:04	10:56	75	12:58:47	75	12:58:47