



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt

Number: 314

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 47:53

Speed: 12.53 km/h

Running performance: 4:34 min/km

Rank in course/Total: 20 (of 117)

Rank in course/Men: 19 (of 89)

Best time in course: 38:50

Rank in category: 2(of 9)

Best time in the category: 47:07