



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 293

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 50:59

Speed: 11.77 km/h

Running performance: 4:52 min/km

Rank in course/Total: 36 (of 117)

Rank in course/Men: 33 (of 89)

Best time in course: 38:50

Rank in category: 4(of 9)

Best time in the category: 47:07