



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Löber, Heiko

Club: Eisenacher LV

Number: 377

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 51:04

Speed: 11.75 km/h

Running performance: 4:52 min/km

Rank in course/Total: 37 (of 117)

Rank in course/Men: 34 (of 89)

Best time in course: 38:50

Rank in category: 8(of 11)

Best time in the category: 40:50