



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Bomberg, Dirk

Club: SC Impuls Erfurt

Number: 337

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 52:01

Speed: 12.11 km/h

Running performance: 4:57 min/km

Rank in course/Total: 41 (of 117)

Rank in course/Men: 38 (of 89)

Best time in course: 38:50

Rank in category: 5(of 9)

Best time in the category: 47:07