



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Dressel, Christian

Club: Meininger on Tour

Number: 339

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M30

Total time: 52:24

Speed: 11.45 km/h

Running performance: 4:59 min/km

Rank in course/Total: 43 (of 117)

Rank in course/Men: 40 (of 89)

Best time in course: 38:50

Rank in category: 3(of 8)

Best time in the category: 40:43