



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Gottwalt, Hans-Ulrich

Club: Meininger Kanusportverein e.V.

Number: 324

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 53:28

Speed: 11.22 km/h

Running performance: 5:05 min/km

Rank in course/Total: 47 (of 117)

Rank in course/Men: 44 (of 89)

Best time in course: 38:50

Rank in category: 13(of 24)

Best time in the category: 45:00