



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Oertel, Michael

Club: LG Waltershausen

Number: 299

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M30

Total time: 55:04

Speed: 10.90 km/h

Running performance: 5:14 min/km

Rank in course/Total: 57 (of 117)

Rank in course/Men: 50 (of 89)

Best time in course: 38:50

Rank in category: 6(of 8)

Best time in the category: 40:43