



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Amthor, Alexander

Club: Meiningen

Number: 335

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 58:05

Speed: 10.33 km/h

Running performance: 5:32 min/km

Rank in course/Total: 71 (of 117)

Rank in course/Men: 62 (of 89)

Best time in course: 38:50

Rank in category: 9(of 10)

Best time in the category: 40:46