



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen

Number: 326

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M70

Total time: 1:00:05

Speed: 9.99 km/h

Running performance: 5:43 min/km

Rank in course/Total: 80 (of 117)

Rank in course/Men: 66 (of 89)

Best time in course: 38:50

Rank in category: 1(of 1)

Best time in the category: 1:00:05