



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Völker, Kerstin

Club: Mühlhausen

Number: 309

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 1:00:28

Speed: 9.92 km/h

Running performance: 5:46 min/km

Rank in course/Total: 83 (of 117)

Rank in course/Women: 15 (of 28)

Best time in course: 44:25

Rank in category: 7(of 12)

Best time in the category: 50:55