



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Schreiber, Dirk**

Club: WSV Asbach

Number: 399

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 1:00:46

Speed: 9.87 km/h

Running performance: 5:47 min/km

Rank in course/Total: 85 (of 117)

Rank in course/Men: 70 (of 89)

Best time in course: 38:50

Rank in category: 11(of 11)

Best time in the category: 40:50