



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Recknagel, Manfred

Club: Eintracht Altersbach

Number: 366

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 1:00:57

Speed: 9.84 km/h

Running performance: 5:48 min/km

Rank in course/Total: 87 (of 117)

Rank in course/Men: 72 (of 89)

Best time in course: 38:50

Rank in category: 6(of 9)

Best time in the category: 48:44