



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Krüger, Lars

Club: Rennsteiglauf Verein

Number: 296

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 1:02:29

Speed: 9.60 km/h

Running performance: 5:57 min/km

Rank in course/Total: 96 (of 117)

Rank in course/Men: 78 (of 89)

Best time in course: 38:50

Rank in category: 10(of 10)

Best time in the category: 40:46