



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

Gehrke, Ulf

Club: Bosch Eisenach

Number: 330

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 1:04:02

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 99 (of 117)

Rank in course/Men: 79 (of 89)

Best time in course: 38:50

Rank in category: 8(of 9)

Best time in the category: 47:07