



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Grebe, Martin

Club: DVAG Eisenach

Number: 304

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 1:05:37

Speed: 9.14 km/h

Running performance: 6:15 min/km

Rank in course/Total: 101 (of 117)

Rank in course/Men: 81 (of 89)

Best time in course: 38:50

Rank in category: 23(of 24)

Best time in the category: 45:00