



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Köllner, Peter

Club: SV Emsetal

Number: 379

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 1:06:04

Speed: 9.08 km/h

Running performance: 6:17 min/km

Rank in course/Total: 103 (of 117)

Rank in course/Men: 83 (of 89)

Best time in course: 38:50

Rank in category: 7(of 9)

Best time in the category: 48:44