



# 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

## Detailed evaluation

Unkart, Christoph

Club: TSV Leimbach

Number: 509

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:28:53

Speed: 14.18 km/h

Running performance: 4:13 min/km

Rank in course/Total: 3 (of 58)

Rank in course/Men: 3 (of 47)

Best time in course: 1:18:38

Rank in category: 2(of 5)

Best time in the category: 1:18:38

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	km			Time	min/km
Pleß	13.00	59:45	4:35	2	7:08	3	7:08	13.00	59:45	4:35	2	7:08	27	
Festplatz	8.10	29:08	3:35	2	3:07	3	3:07	21.10	1:28:53	4:12	2	10:15	3	10:15