



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Oehrl, Heiko

Club: Beinstadt

Number: 546

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:42:03

Speed: 12.35 km/h

Running performance: 4:50 min/km

Rank in course/Total: 6 (of 58)

Rank in course/Men: 6 (of 47)

Best time in course: 1:18:38

Rank in category: 1(of 3)

Best time in the category: 1:42:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:07:47	5:12	1	-	5	15:10	13.00	1:07:47	5:12	1	-	30	
Festplatz	8.10	34:16	4:13	1	-	7	8:15	21.10	1:42:03	4:50	1	-	6	23:25