



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Oehrl, Heiko

Club: Beinstadt

Number: 546

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:42:03

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 6 (of 58)

Rank in course/Men: 6 (of 47)

Best time in course: 1:18:38

Rank in category: 1(of 3)

Best time in the category: 1:42:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 1:07:47 | 5:12 | 1 | - | 5 | 15:10 | 13.00 | 1:07:47 | 5:12 | 1 | - | 30 | |
| Festplatz | 8.10 | 34:16 | 4:13 | 1 | - | 7 | 8:15 | 21.10 | 1:42:03 | 4:50 | 1 | - | 6 | 23:25 |