



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Stefan, Reinhold

Club: Alea-Sanitas / Powerteam mit Biss
Number: 559

Course: 21.10 km
Halbmarathon

Category:
Männer M65

Total time: 1:47:42

Speed: 11.75 km/h
Running performance: 5:06 min/km

Rank in course/Total: 12 (of 58)

Rank in course/Men: 12 (of 47)

Best time in course: 1:18:38

Rank in category: 1(of 4)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:12:51	5:36	2	1:02	15	20:14	13.00	1:12:51	5:36	1	-	36	
Festplatz	8.10	34:51	4:18	1	-	11	8:50	21.10	1:47:42	5:06	1	-	12	29:04