



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Rößler, Jürgen

Club: 1.TSV Bad Salzungen

Number: 513

Course: 21.10 km

Halbmarathon

Category:

Männer M60

Total time: 1:50:13

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 16 (of 58)

Rank in course/Men: 16 (of 47)

Best time in course: 1:18:38

Rank in category: 3(of 4)

Best time in the category: 1:45:22

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 1:14:24 | 5:43 | 3 | 3:42 | 18 | 21:47 | 13.00 | 1:14:24 | 5:43 | 3 | 3:42 | 40 | |
| Festplatz | 8.10 | 35:49 | 4:25 | 3 | 1:09 | 15 | 9:48 | 21.10 | 1:50:13 | 5:13 | 3 | 4:51 | 16 | 31:35 |