



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Mittelsdorf, Mark

Club: Infanterieschule HAMMELBURG

Number: 503

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:51:42

Speed: 11.33 km/h

Running performance: 5:17 min/km

Rank in course/Total: 17 (of 58)

Rank in course/Men: 17 (of 47)

Best time in course: 1:18:38

Rank in category: 2(of 3)

Best time in the category: 1:42:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:16:12	5:51	2	8:25	22	23:35	13.00	1:16:12	5:51	2	8:25	41	
Festplatz	8.10	35:30	4:22	2	1:14	14	9:29	21.10	1:51:42	5:17	2	9:39	17	33:04