



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Vater, Georg

Club: Rennsteiglaufverein LG Bärenfang
Number: 560

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:52:22

Speed: 11.27 km/h
Running performance: 5:20 min/km

Rank in course/Total: 18 (of 58)

Rank in course/Men: 18 (of 47)

Best time in course: 1:18:38

Rank in category: 3(of 10)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:15:29	5:48	3	4:43	19	22:52	13.00	1:15:29	5:48	3	3:34	42	
Festplatz	8.10	36:53	4:33	2	2:21	19	10:52	21.10	1:52:22	5:19	3	5:55	18	33:44