



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach

Number: 526

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:55:24

Speed: 10.92 km/h

Running performance: 5:28 min/km

Rank in course/Total: 22 (of 58)

Rank in course/Men: 22 (of 47)

Best time in course: 1:18:38

Rank in category: 3(of 3)

Best time in the category: 1:42:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:18:18	6:01	3	10:31	29	25:41	13.00	1:18:18	6:01	3	10:31	46	
Festplatz	8.10	37:06	4:34	3	2:50	20	11:05	21.10	1:55:24	5:28	3	13:21	22	36:46