



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Schoder, Henryk

Club: USV Jena

Number: 557

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:55:46

Speed: 10.88 km/h

Running performance: 5:29 min/km

Rank in course/Total: 25 (of 58)

Rank in course/Men: 25 (of 47)

Best time in course: 1:18:38

Rank in category: 5(of 10)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:16:43	5:54	5	5:57	24	24:06	13.00	1:16:43	5:54	5	4:48	2	
Festplatz	8.10	39:03	4:49	5	4:31	28	13:02	21.10	1:55:46	5:29	5	9:19	25	37:08