



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 514

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:56:56

Speed: 10.78 km/h

Running performance: 5:32 min/km

Rank in course/Total: 28 (of 58)

Rank in course/Men: 28 (of 47)

Best time in course: 1:18:38

Rank in category: 3(of 7)

Best time in the category: 1:54:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:17:07	5:55	1	-	25	24:30	13.00	1:17:07	5:55	3		5	
Festplatz	8.10	39:49	4:54	4	3:38	30	13:48	21.10	1:56:56	5:32	3	2:14	28	38:18