



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

roscher, peter

Club: Schweina

Number: 516

Course: 21.10 km

21 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 2:57:04

Speed: 7.12 km/h

Running performance: 8:23 min/km

Rank in course/Total: 3 (of 9)

Rank in course/Men: 3 (of 5)

Best time in course: 2:55:01

Rank in category: 3(of 5)

Best time in the category: 2:55:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:52:29	8:39	2	0:09	2	0:09	13.00	1:52:29	8:39	3		3	
Festplatz	8.10	1:04:35	7:58	3	2:38	3	2:38	21.10	2:57:04	8:23	3	2:03	3	2:03