



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Hartmann, Matthias

Club: Rhöner WSV

Number: 395

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:07:48

Speed: 9.91 km/h

Running performance: 6:04 min/km

Rank in course/Total: 38 (of 58)

Rank in course/Men: 37 (of 47)

Best time in course: 1:18:38

Rank in category: 8(of 10)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:22:34	6:21	8	11:48	36	29:57	13.00	1:22:34	6:21	8	10:39	14	
Festplatz	8.10	45:14	5:35	9	10:42	41	19:13	21.10	2:07:48	6:03	8	21:21	37	49:10