



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Hartmann, Matthias

Club: Rhöner WSV

Number: 395

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:07:48

Speed: 9.86 km/h

Running performance: 6:04 min/km

Rank in course/Total: 38 (of 58)

Rank in course/Men: 37 (of 47)

Best time in course: 1:18:38

Rank in category: 8(of 10)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 1:22:34 | 6:21 | 8 | 11:48 | 36 | 29:57 | 13.00 | 1:22:34 | 6:21 | 8 | 10:39 | 14 | |
| Festplatz | 8.10 | 45:14 | 5:35 | 9 | 10:42 | 41 | 19:13 | 21.10 | 2:07:48 | 6:03 | 8 | 21:21 | 37 | 49:10 |