



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Hofmann, Gabi

Club: Langenfeld

Number: 502

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 2:13:44

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 45 (of 58)

Rank in course/Women: 4 (of 11)

Best time in course: 2:04:26

Rank in category: 2 (of 4)

Best time in the category: 2:12:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	13.00	1:28:54	6:50	1	-	2	4:13	13.00	1:28:54	6:50	2		4	4:13
Festplatz	8.10	44:50	5:32	2	2:34	4	5:05	21.10	2:13:44	6:20	2	1:15	4	9:18