



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Hupel, Sabine**

Club: SV Bad Berka

Number: 530

Course: 21.10 km

21 km Nordic Walking

Category:

Nordic Walking Frauen

Total time: 3:06:40

Speed: 6.75 km/h

Running performance: 8:51 min/km

Rank in course/Total: 5 (of 9)

Rank in course/Women: 2 (of 4)

Best time in course: 3:03:48

Rank in category: 2 (of 4)

Best time in the category: 3:03:48

### Intermediate times

### Stage score

### Total ranking

| Control   | Split | Split   | Split  | Pos  | Behind | Pos   | Behind | Total | Total   | Total  | Pos  | Behind | Pos   | Behind |
|-----------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|--------|-------|--------|
|           | km    | Time    | min/km | Cat. | Cat.   | Women | Women  | km    | Time    | min/km | Cat. | Cat.   | Women | Women  |
| Pleß      | 13.00 | 1:57:53 | 9:04   | 2    | 2:12   | 2     | 2:12   | 13.00 | 1:57:53 | 9:04   | 2    | 2:12   | 2     | 2:12   |
| Festplatz | 8.10  | 1:08:47 | 8:29   | 3    | 0:40   | 3     | 0:40   | 21.10 | 3:06:40 | 8:50   | 2    | 2:52   | 2     | 2:52   |