



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Kössel, Sylvia

Club: Thüringer Genussläufer

Number: 547

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 2:19:03

Speed: 9.06 km/h

Running performance: 6:35 min/km

Rank in course/Total: 50 (of 58)

Rank in course/Women: 7 (of 11)

Best time in course: 2:04:26

Rank in category: 4 (of 4)

Best time in the category: 2:12:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:31:20	7:01	3	2:26	6	6:39	13.00	1:31:20	7:01	4	1:07	7	6:39
Festplatz	8.10	47:43	5:53	4	5:27	9	7:58	21.10	2:19:03	6:35	4	6:34	7	14:37