



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Gleisenberg, Heide

Club: LT Steinau

Number: 544

Course: 21.10 km

Halbmarathon

Category:

Frauen W35

Total time: 2:20:13

Speed: 8.99 km/h

Running performance: 6:39 min/km

Rank in course/Total: 51 (of 58)

Rank in course/Women: 8 (of 11)

Best time in course: 2:04:26

Rank in category: 1(of 2)

Best time in the category: 2:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:33:38	7:12	1	-	8	8:57	13.00	1:33:38	7:12	1	-	8	8:57
Festplatz	8.10	46:35	5:45	1	-	6	6:50	21.10	2:20:13	6:38	1	-	8	15:47