



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Jung, Danny

Club: Grasrockers Brotterode

Number: 929

Course: 30.00 km

30 km-Lauf

Category:

Männer M20

Total time: 2:40:31

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 13 (of 31)

Rank in course/Men: 12 (of 26)

Best time in course: 2:17:12

Rank in category: 2(of 3)

Best time in the category: 2:22:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	18.00	1:40:00	5:33	2	13:56	13	16:41	18.00	1:40:00	5:33	2	13:56	16		
Pleß	4.00	23:27	5:51	2	1:02	10	3:39	22.00	2:03:27	5:36	2	14:58	16		
Festplatz	8.00	37:04	4:38	2	2:43	8	4:46	30.00	2:40:31	5:21	2	17:41	12	23:19	