



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Sussdorf, Juergen

Club: Vacha

Number: 504

Course: 21.10 km

Halbmarathon

Category:

Männer M65

Total time: 2:24:18

Speed: 8.77 km/h

Running performance: 6:50 min/km

Rank in course/Total: 55 (of 58)

Rank in course/Men: 46 (of 47)

Best time in course: 1:18:38

Rank in category: 4(of 4)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:36:35	7:25	4	24:46	46	43:58	13.00	1:36:35	7:25	4	23:44	23	11:41
Festplatz	8.10	47:43	5:53	3	12:52	45	21:42	21.10	2:24:18	6:50	4	36:36	46	1:05:40