



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Schmidt, Jan

Club: TC-Suhl

Number: 931

Course: 30.00 km

30 km-Lauf

Category:

Männer M35

Total time: 3:29:41

Speed: 8.58 km/h

Running performance: 6:59 min/km

Rank in course/Total: 31 (of 31)

Rank in course/Men: 26 (of 26)

Best time in course: 2:17:12

Rank in category: 6(of 6)

Best time in the category: 2:27:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	18.00	1:45:07	5:50	4	17:46	18	21:48	18.00	1:45:07	5:50	6	13:23	2	4:02
Pleß	4.00	26:37	6:39	4	5:01	20	6:49	22.00	2:11:44	5:59	6	18:24	2	6:56
Festplatz	8.00	1:17:57	9:44	6	43:42	26	45:39	30.00	3:29:41	6:59	6	1:02:06	26	1:12:29