



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Then, Chris Oliver

Club: Team Erdinger Alkoholfrei

Number: 525

Course: 21.10 km

21 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 4:03:14

Speed: 5.18 km/h

Running performance: 11:32 min/km

Rank in course/Total: 9 (of 9)

Rank in course/Men: 5 (of 5)

Best time in course: 2:55:01

Rank in category: 5(of 5)

Best time in the category: 2:55:01

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 2:41:47 | 12:26 | 4 | 49:27 | 4 | 49:27 | 13.00 | 2:41:47 | 12:26 | 5 | 48:43 | 5 | 48:43 |
| Festplatz | 8.10 | 1:21:27 | 10:03 | 5 | 19:30 | 5 | 19:30 | 21.10 | 4:03:14 | 11:31 | 5 | 1:08:13 | 5 | 1:08:13 |