



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Then, Chris Oliver

Club: Team Erdinger Alkoholfrei

Number: 525

Course: 21.10 km

21 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 4:03:14

Speed: 5.20 km/h

Running performance: 11:32 min/km

Rank in course/Total: 9 (of 9)

Rank in course/Men: 5 (of 5)

Best time in course: 2:55:01

Rank in category: 5(of 5)

Best time in the category: 2:55:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	2:41:47	12:26	4	49:27	4	49:27	13.00	2:41:47	12:26	5	48:43	5	48:43
Festplatz	8.10	1:21:27	10:03	5	19:30	5	19:30	21.10	4:03:14	11:31	5	1:08:13	5	1:08:13