



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Then, Peter

Club: Team Erdinger Alkoholfrei

Number: 912

Course: 30.00 km

30 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 4:21:22

Speed: 6.89 km/h

Running performance: 8:43 min/km

Rank in course/Total: 2 (of 2)

Rank in course/Men: 2 (of 2)

Best time in course: 3:52:41

Rank in category: 2(of 2)

Best time in the category: 3:52:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	18.00	2:35:45	8:39	2	17:24	2	17:24	18.00	2:35:45	8:39	2	17:24	2	17:24
Pleß	4.00	39:53	9:58	2	6:40	2	6:40	22.00	3:15:38	8:53	2	24:04	2	24:04
Festplatz	8.00	1:05:44	8:13	2	4:37	2	4:37	30.00	4:21:22	8:42	2	28:41	2	28:41