



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Albrecht, Katrin

Club: Orgalauf

Number: 1002

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W40

Total time: 55:06

Speed: 10.89 km/h

Running performance: 5:15 min/km

Rank in course/Total: 58 (of 117)

Rank in course/Women: 8 (of 28)

Best time in course: 44:25

Rank in category: 2(of 3)

Best time in the category: 50:36