



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Bärwolf, Silvia

Club: Orgalauf

Number: 1003

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W50

Total time: 54:01

Speed: 11.66 km/h

Running performance: 5:08 min/km

Rank in course/Total: 50 (of 117)

Rank in course/Women: 5 (of 28)

Best time in course: 44:25

Rank in category: 1(of 2)

Best time in the category: 54:01