



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Gonzalez, Romildo

Club: Orgalauf

Number: 1009

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 1:00:03

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 79 (of 117)

Rank in course/Men: 65 (of 89)

Best time in course: 38:50

Rank in category: 18(of 24)

Best time in the category: 45:00